

Buses and Trains

Marconi Express

Via degli Dei

Via degli Dei (the Path of Gods) is a thousand-year old route between Bologna and Florence across the Northern Apennies, used by the Etruscans and by the Romans in ancient times as a linking way between the two cities. Remains of the ancient Flaminia Militare, laid at the behest of the Roman consul Caius Flaminius in 187 BC. can be still admired today.

Bologna - Badolo

② 22 km **③** 6,5 hours **戌** +817 -515 Shrine of Madonna di San Luca, Natural Oasis of San Gherardo

Badolo - Madonna dei Fornelli

- **②** 28 km **③** 9,5 hours ★ +1.460 -1.038 Mount Adone, Contrafforte Pliocenico Nature
- Madonna dei Fornelli Monte di Fo' **②** 17.5 km **③** 5.5 hours **※** +783 -753
- Flaminia Militare, Futa Pass German Military

Monte di Fo'-San Piero a Sieve

- **②** 23,5 km **③** 6,5 hours **戌** +641 -1.197
- Sant'Agata, Bosco ai Frati

San Piero a Sieve - Firenze

- **②** 34 km **③** 11 hours **戌** +1.267 -1.510
- Trebbio Castle, Mount Senario, Fiesole

Via della Lana e della Seta

This wonderful route (the Path of Wool and Silk) across towns mountain peaks and valleys of the Northern Apennines connects two valuable historic centres, grown in importance thanks to a wise water management: Bologna on one side, with its sluice and its many canals, undisputed capital of the silk production, and Prato on the other, city of the Cavalciotto, millstreams and fulling mills, capital of the wool and textile district.

Bologna - Sasso Marconi **②** 20 km **᠑** 6 hours **戌** +230 -200

Casalecchio Lock, Vizzano Bridge

Sasso Marconi - Grizzana Morandi

② 27 km **③** 8/9 hours **≈** +1.400 -950 • Monte Sole Historic Park, Giorgio Morandi Museum

Grizzana Morandi - Castiglione dei Pepoli

② 22 km **᠑** 7 hours ★ +1.100 -1.050 ■ Santa Maria Lake, Castiglione dei Pepoli

Castiglione dei Pepoli - Vernio **②** 20 km **③** 7 hours **☆** +800 -1.250 ■ Montepiano Abbey

Vernio - Vaiano

② 21 km **③** 7 hours **戌** +1.000 -1.100 San Salvatore Abbev. Montecuccoli

② 22 km **③** 7 hours **※** +900 -1.000

◆ Calvana Range, Cavalciotto of Santa Lucia

Routes

Visitor Centres Bologna Welcome

G.Marconi Airport

eXtraBO Outdoor Infopoint

Useful phone numbers and websites

Emergency Dept.

Mountain Rescue of Emilia Romagna

State Forestry Dept.

CAI - Club Alpino Italiano

GEV - Guardie Ecologiche Volontarie in Bologna

Discover Bologna's green side



OLOGN A PENNINO OLA Appentus de la garage se la garage se













Cammino di Sant'Antonio

@ 122/145 km

The Cammino di Sant'Antonio (St Anthony's Way) runs between Veneto, Emilia-Romagna and Tuscany across important centres of spiritual significance and less known places where the Saint lived and practiced his faith at the beginning of the 12th century. Five stages are located within the Metropolitan City of Bologna across the Bologna's plain and the territory of Imola.

Piccola Cassia

This route retraces that

part of the Apennines once

used by the Romas to reach

the Po Valley coming from

Pistoia towards Modena and

Bologna. Lombard trail from

476 to 1000 AD, the route was

subsequently exploited as one

of the many itineraries leading

to Rome in connection with the

Via Francigena. An itinerary

full of historic and religious

testimonies of a beautifully

changing rural landscape.

@ 144/150 km

Malalbergo - Castel Maggiore

- Natural Oasis La Rizza, Red Palace and Bentivoglio Castle, Peasant Farming Culture Museum

Castel Maggiore - Bologna (S.Ruffillo)

- **②** 21,2 km **③** 6 hours **☆** +0 -0
- Monument to the martyrs of Sabbiuno, Sostegno Corticella, Museum of Industrial Heritage

Bologna - Settefonti

- **②** 20,1 km **᠑** 8 hours **戌** +878 -641 • Park of Bolognese Chalks and Abbadessa Gullies
- Settefonti San Martino in Pedriolo

⊘ 18 km*** **ூ** 6 hours **⋉** +614 -843 Quaderna Valley, Mount Calderaro, Dozza

- San Martino in Pedriolo Tossignano
- Santerno Valley, Vena del Gesso Romagnola Regional Park, Valsellustra, Croara, Tossignano

Tossignano - Cà Carnè Hut

Valsamoggia – East Tolè

Valsamoggia – West Tolè

Mongiorgio Castle

Abetaia - Rocca Corneta

Madonna dell'Acero

Cutigliano - Ponte Petri

Ponte Petri - Pistoia

Arcane Cross

Capanno Tassoni - Cutigliano

Tolè - Abetaia

⊘ 37 km **᠑** 9 hours **⋈** +1.722 -1.123

② 31 km **③** 11 hours **尽** +1.165 -569

② 23,4 km **᠑** 6 hours **※** +1.056 -955

② 15,6 km **᠑** 5 hours **※** +822 -592

Rocca Corneta - Capanno Tassoni

Mountain Lighthouse in Gaggio Montano

② 18 km **③** 5 hours **☆** +1.589 -865

② 14 km **③** 3 hours **≈** +563 -1.189

② 23,7 km **᠑** 6 hours ★ +899 -896

⊘ 18,30 km **ூ** 4 hours **⋈** +520 -1131

• Medieval Tower of Rocca Corneta, Shrine of

• Rocca di Roffreno, Castel d'Aiano

■ Monteveglio Abbey Park, Serravalle Castle,

- **②** 19,9 km **᠑** 8 hours **戌** +1.180 -1.060
- ***extension to Dozza

Settefonti – Dozza 24,1 km; Dozza – Tossignano 16,6 km

Alta Via dei Parchi

@ 143 km

This 493-kilometre long route runs along the mountain ridges of Emilia-Romagna and Tuscany up to the Marche while transversely connecting all other **②** 17,9 km **᠑** 5,5 hours ★ +640 -810 itineraries and Pilgrim Routes of the region.

Starting from Lake Scaffaiolo and after crossing two Regional Parks (Corno alle Scale, Lakes of Suviana and Brasimone), you'll finally plunge into the magical landscapes of the Vena del Gesso Romagnola Regional

Lake Scaffaiolo - Monte Cavallo Hut **⊘** 13,4 km **᠀** 5 hours **※** +450 -920

Ocrno alle Scale Park, Dardagna Falls, Shrine of Madonna dell'Acero

Monte Cavallo Hut - Poranceto

② 29,9 km **᠑** 10 hours **戌** +1.260 -1.650

 Suviana and Brasimone Lakes Regional Park Poranceto - Boccadirio

Suviana and Brasimone Lakes Regional Park Boccadirio - Alpe di Monghidoro

⊘ 17,7 km **ூ** 5 hours **戌** +720 -410 Shrine of Madonna di Boccadirio, Castel dell'Alpi

Alpe di Monghidoro - Le Selve

② 23,1km **③** 8 hours **☆** +830 -1.370 Raticosa Pass, Santerno Valley

Le Selve - Tossignano

- **②** 20,9 km **᠑** 6 hours **尽** +700 -930 ◆ Castel del Rio, Vena del Gesso Romagnola

Tossignano - Ca' Carnè Hut

⊘ 19,9 km **᠀** 8 hours **⋉** +1.180 -1.060

Via Mater Dei

This route connects some of the most important Marian Sanctuaries of the Bolognese territory while crossing various areas of historic, cultural and natural interest. Through seven scenically different stages between mountain ridges and valleys, Via Mater Dei (the Mater Dei Path) starts from the very heart of Bologna and fades between spirituality, culture. tradition and natural beauty. thus instilling in every wayfarer a profound sense of serenity and communion with nature.

Bologna - Rastignano

• Shrine of Santa Maria della Vita, Shrine of San Luca

Rastignano - Zena

② 20,4 km **③** 8 hours **☆** +772 -675

Altar Mater Pacis, Via del Fantini

② 22,6 km **③** 8,5 hours **戌** +1.355 -849

 Shrine of Santa Maria di Zena Monte Bibele. Archaeological Park

Loiano - Madonna dei Fornelli

② 25,4 km **③** 9 hours **戌** +1.116 -1.091 Shrine of Madonna di Lourdes, Shrine of Madonna

Madonna dei Fornelli - Bruscoli - Baragazza

② 13,9 km **③** 4,5 hours **戌** +524 -554 ● 10,3 km • 9 4,5 hours ★ +442 -526

Madonna dei Fornelli - Baragazza **②** 24,2 km **③** 9 hours **☆** +966 -1.080 • Shrine of Madonna della Neve, Bruscoli, Shrine

of Boccadirio Baragazza - Ripoli

Ripoli - Riola

② 25,2 km **③** 9 hours **☆** +966 -1.080 Mount Catarelto; Shrine of Madonna della Serra

⊘ 18,7 km **⊙** 7,5 hours **⋉** +802 -1.117 • Shrine of the Blessed Virgin of Montovolo, Riola Parish Church S. M. Assunta

On the front you find a useful graphic representation of the routes, while the back provides detailed information about the distances, the differences in altitude, the travel time and the main cultural and natural places of interest along the paths The travel time is calculated on the basis of the experience of average mountain hikers with backpacks adjusted to their own body weight.

What are your suggestions for future hikers?

How to read the map

Organize your trip in advance (high season: April - September) by booking the accommodation at the staging points, or by finding out more about night camps. Last but not least, here are 5 useful

Before hitting the road, double check the weather forecast, with peculiar regard

avoid abandoning garbage along the way 4) Keep someone updated about your whereabouts, especially if you're travelling alone or in the Apennine area

What's the best season to get in the

There is no recommended season to explore these routes, although special attention must be paid during the summer (July - August) due to high temperatures, and during the winter in case of particularly dangerous conditions (snow, ice), especially in the Apennines.

Surrounded by gentle and unspoiled hills, industrious lands marked by waterways and a deep sense of culture, Bologna is a hidden gem in the heart of Italy.

Some places can be properly enjoyed and experienced only when travelling at

Bologna is a place to explore thoroughly among its historic routes and its high trails. A journey on the traces of surprising stories, ancient testimonies and a renewed harmony with nature.



- ★ Bologna G.Marconi Airport
- Central Train Station
- Bologna Coach Station

Are these routes suitable for untrained hikers as well?
That all comes down to any selfassessment about your own physical training and, of course, to your doctor's advice in case of current and/or preexperience. The back of this sheet comes with information about all stages with the respective distances, differences in altitude and travelling times, so that you can freely assess whether these

experiences are suitable for you, albeit only partially. If you're not an experienced hiker, or you have a poor capacity of direction and adaptability to the natural environment (altitude, weather), we strongly suggest that you rely on the support of expert guides. With this respect, you can contact our eXtraBO operators.

Are there any public transport services along the way? Almost the entirety of the Metropolitan City of Bologna is served by an efficient network of public transports. The map front shows all train stations across the routes, for whose timetable you can visit

In the event that no train station is available in close proximity to one of the routes, you may refer to the bus network. On the website tper.it you find the bus timetable, together with a detailed map or all bus stops within the territory. For any emergency or request, don't hesistate to contact the eXtraBO office.

2) Try leaving early in the day3) Respect the local flora and fauna and

5) Make sure you have the map and the pilgrim passport with you, which you can buy at the eXtraBO office, the official outoor InfoPoint of Bologna.











